

# UNITED SAFETY SOLUTIONS

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826 Bloom Rd  
Eagle River, WI 54521

## PERSONAL PROTECTIVE EQUIPMENT

OSHA Personal Protective Equipment  
Course: Hours Instruction  
Hours: Class Room  
Hours: Field Instruction

Regulation 29CFR 1910.132-140, Subpart I  
Prerequisites:  
Fee:  
CE Credits:

You can't eliminate all physical hazards through engineering or administrative controls. Personal protective equipment provides a last line of defense. However, data shows that most workers who suffer eye, head, and foot injuries aren't wearing PPE. These injuries can be lessened or avoided altogether with proper personal protective equipment, commonly referred to as "PPE."

OSHA requires that all employers assess their workplace for hazards and certify this assessment. United Safety Solutions will help you meet these requirements. In just four hours, we'll walk you through the key elements of the OSHA PPE regulation (29CFR 1910.132-140, Subpart I), and show you how to protect your employees and your business.

Personal protective equipment is equipment worn to minimize exposure to serious workplace injuries and illnesses. These injuries and illnesses may result from contact with chemical, radiological, physical, electrical, mechanical, or other workplace hazards. Personal protective equipment may include items such as gloves, safety glasses and shoes, earplugs or muffs, hard hats, respirators, or coveralls, vests and full body suits.

All personal protective equipment should be safely designed and constructed, and should be maintained in a clean and reliable fashion. It should fit comfortably, encouraging worker use. If the personal protective equipment does not fit properly, it can make the difference between being safely covered or dangerously exposed. When engineering, work practice, and administrative controls are not feasible or do not provide sufficient protection, employers must provide personal protective equipment to their workers and ensure its proper use. Employers are also required to train each worker required to use personal protective equipment to know:

- When it is necessary
- What kind is necessary
- How to properly put it on, adjust, wear and take it off
- The limitations of the equipment
- Proper care, maintenance, useful life, and disposal of the equipment

**Who Should Take This Course?** Employees who are new to a company or who need a refresher in Personal Protective Equipment or PPE training.

**Course Objectives:** After completing this course, students will be able to:

- Explain the importance of wearing Personal Protective Equipment (PPE)

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- Identify PPE Responsibilities:
  - Management: To select appropriate PPE per task and to require its use
  - Employees: To use selected PPE consistently and correctly
- Identify some of the uses and limitations of protection provided by specific types of PPE focusing on common examples of eye/face, head, body, foot, and hand protection
- Explain the importance of assuring good fit and how to inspect, clean, and maintain PPE

## **You'll leave the class with increased confidence and the know-how to:**

- Do a PPE Hazard Assessment of the workplace as required by OSHA
- Identify critical items that must be in your PPE Hazard Assessment Certification Statement
- Avoid common PPE compliance mistakes that can result in costly OSHA fines
- Reduce the number and severity of injuries throughout your facility
- Save on workers' comp and related costs

## **Complete list of regulations Included in this Course:**

1910.132	General requirements (Personal Protective Equipment)
1910.133	Eye and Face Protection
1910.134	Respiratory protection
1910.135	Head Protection
1910.136	Food Protection
1910.137	Electrical protective Equipment
1910.138	Hand protection

## **United Safety Solutions Course Covers:**

- The relationship between PPE, administrative controls, and engineering controls
- How to conduct a PPE Hazard Assessment and Certification Statement
- Various types of PPE and how to use them
- OSHA's responses to questions about implementation, including: who is required to pay for PPE, and who is responsible if an employee brings in his own PPE
- Simple, practical methods that ensure compliance with the OSHA standard and protect your employees
- Proper use and maintenance of PPE
- Manager and employee responsibilities

## **Certification:**

Successful completion requires 80% on both classroom and practical skills.

Upon successful completion, participants receive a wallet card, documentation to satisfy OSHA.