

UNITED SAFETY SOLUTIONS

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CONFINED SPACES

OSHA Permit-Required Confined Spaces
Course: 16 Hours Instruction
8 Hours – Class Room
8 Hours – Field Instruction if needed

Regulation 29 CFR 1910.146
Prerequisites: None
Fee:

Many workplaces are not necessarily designed for people, but are large enough for workers to enter and perform certain jobs. A confined space also has limited or restricted means for entry or exit and is not designed for continuous occupancy.

Confined spaces incidents aren't the most common, but they can be the most deadly as the hazards tend to be misunderstood or underestimated. Many confined spaces fatalities involve not one, but two, victims: the worker and the rescuer.

Through discussion and activities, our professional facilitator will break down the regulation into easily-understood terms. Participants learn best practices and procedures to ensure compliance and protect employees.

Per OSHA, Confined Spaces include, but are not limited to:

Tanks – vessels – silos - storage bins – hoppers – vaults – pits – manholes – tunnels - equipment housings – ductwork - pipelines, etc.

OSHA describes a confined space as having one or more of the following characteristics:

- contains or has the potential to contain a hazardous atmosphere
- contains a material that has the potential to engulf an entrant
- has walls that converge inward or floors that slope downward and taper into a smaller area which could trap or asphyxiate an entrant
- contains any other recognized safety or health hazard, such as unguarded machinery, exposed live wires, or heat stress

United Safety Solutions Course Covers:

- Key elements of the OSHA Permit-Required Confined Spaces Regulation (29 CFR 1910.146)
- Confined spaces concepts and terminology
- The difference between confined spaces and permit-required confined spaces
- How to identify and evaluate hazards: atmospheric, mechanical, chemical
- Procedures for controlling hazards
- Participants will be fit tested using proper protective equipment for confined spaces
- Duties of the entry supervisor, entrant, and attendant
- Procedures for self-rescue, non-entry rescue, entry rescue by company employees, and entry rescue by emergency responders
- Completing the entry process - Hands-on exercise
- Participants learn that teamwork is very important to save a life

Certification:

Successful completion requires 80% on both classroom and practical skills.

Upon successful completion, participants receive a wallet card, documentation to satisfy OSHA.